

PALISADES NEWS

Representing The Greater Palisades Area

www.palisadesdc.org

Volume 17 • Number 2 • November 2005

PCA General Meeting

- Tuesday, November 1
- 7:30 PM
- Palisades Recreation Center
- General Membership vote on the following resolution: The PCA supports Concerned Neighbors' efforts to derail the trucking proposal and to explore all alternatives
- Silbey Hospital COO Jerry Price will present Sibley's long-term plan for expanded facilities and operations

Warm Weather, Memories at Finney Dedication

Sunday, October 16 was a warm fall day, and an especially heartfelt one in the Palisades, when dozens of friends and family of John Finney met to dedicate a teak bench in his honor, placed next to his beloved and often-mentioned great white oak tree at the intersection of Loughboro Road and Dalecarlia Parkway. The friends included several past and present PCA Presidents and ANC commissioners, among them Stu Ross, Penny Pagano, Spence Spencer, Rachel Thompson, Ann Haas, and Eleanor Lewis. Some attendees listened and

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Concerned Neighbors Push for More Time, More Options

The Washington Aqueduct is pressing forward with plans to build an 8-story high industrial dewatering facility behind Sibley Hospital and truck residuals through area streets, according to a report it released earlier this month. Neighbors should be very concerned about the placement of this industrial facility in a residential neighborhood and the permanent trucking presence. (We are also concerned that clear-cutting the Dalecarlia Woods and creating an 80-foot tall landfill remains an alternate solution to trucking if the dewatering facility is built behind Sibley.) The Corps of Engineers plans to move one step closer to the implementation of this bad plan and issue a Record of Decision later this month.

Palisades neighbors Rachel Thompson, Nick Kauffman, Alma Gates and others have been working with Concerned Neighbors, a coalition of 30 neighborhood groups, to persuade the Corps to reconsider its trucking plan and look at piping alternatives. Concerned Neighbors has also been working to remove some of the Corps' main objections to pursuing an alternate solution: 1) not enough time and 2) no alternate location

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Photo by Caroline Quandt

on the **BULLETIN BOARD**

- Friday, October 14-Friday, November 18: **The Puppet Company Playhouse presents "The 3 Billy Goats Gruff"**, Wed, Thurs & Fri, 10 & 11:30 AM, Sat & Sun, 11:30 AM & 1 PM, Glen Echo Park, 7300 MacArthur Boulevard, \$7, 301-320-6668, www.thepuppetco.org.
- Saturday, October 29: **Friends of the Palisades "Sorting Saturdays"**, 10 AM-Noon, spare an hour once a month to help sort books, no experience required, stay as long as you like, Palisades Library, 282-3139.
- Saturday, October 29: **Neighbors Through ART American Indian Musuem Visit**, 10 AM, open to all, RSVP to Alice Stewart, 364-1505.
- Saturday, October 29: **"Music from Around the World with Brooksie Wells"**, 10 AM, interactive songs in many languages, Palisades Community Church, 5200 Cathedral Avenue, \$5, refreshments for sale.
- Saturday, October 29: **Sibley Hospital's Sixth Annual Breast Health program**, 8:30 AM-12:30 PM, featured speaker Marc Silver, an editor at *US News & World Report* and husband of breast cancer survivor Marsha Dale, will join physicians and other breast health experts to discuss advances in diagnosis and treatment, Sibley Hospital's Ernst Auditorium, free, open to all, registration required, 537-4700, twood@sibley.org.
- Saturday, October 29: **Glen Echo's "Fall Frolic"**, activities throughout the day, including pumpkin painting from 2-5 PM, trick-or-treating from 3:30-5:30 PM, a costume parade in the Bumper Car Pavilion starting at 5 PM, and swing dancing in the evening, most activities are free, Glen Echo Park, see above, 301-634-2222, www.glenechopark.org.
- Sunday, October 30: **Cinema Français à Mount Vernon presents "LES CHORISTES"**, 5 PM, PG-13, Eckles Library Auditorium, free, parking available in garage on Whitehaven Parkway, 242-6673, mvcl@gwu.edu.
- Monday, October 31: **Palisades Library Halloween Party**, 4 PM, dress up in costume, stories, arts & crafts, and refreshments, ages 2+, 282-3139.
- Tuesday, November 1: **"Tuesday Stories"**, 4 PM, for readers ages 4-7, Palisades Library Children's Room, Wayne Stone, 282-3113.
- Tuesday, November 1: **PCA general membership meeting**, 7:30 PM, Palisades Rec Center.
- Wednesdays, beginning November 2: **LapTime**, 10:30 AM, ages 6-24 months, Palisades Library Children's Room, 282-3139.
- Wednesday, November 2: **ANC3D meeting**, 7:30 PM, Sibley Hospital's Ernst Auditorium, www.anc3d.org.
- Wednesday-Friday, November 2-4: **Palisades Preschool Book Fair**, 9 AM-Noon, Palisades Community Church, see above, open to the public, 364-8424.
- Friday, November 4: **The Yellow Barn Gallery's "Paint to Cure" reception**, 6-9 PM, fundraiser for Susan G. Komen Breast Cancer Foundation, art show hours are Fri 6-9 PM, Sat Noon-8 PM, Sun Noon-5 PM through November 27, Glen Echo Park, see above, www.YellowBarnStudio.com or www.paintforthecure.org.
- Saturday, November 5-Sunday, November 20: **Discovery Creek's "Six-legged Sensations"**, Saturdays and Sundays, 10 AM-3 PM, children ages 2-11 will meet and greet live animals, search under leaves for critters in the Children's Garden, play in an oversized sandpit, explore Minnehaha Creek, take an educator-led interpretative hike, create crafts, meet special guests, and learn together, The Stable at Glen Echo Park, see above, \$5 Museum members are free.
- Mondays, beginning November 7: **PreSchool Stories**, 10:30 AM, ages 2-3, Palisades Library Children's Room, 282-3139.
- Wednesday, November 9: **PCA board meeting**, 7:30 PM, Palisades Community Church, see above, open to all.
- Saturday, November 12: **DPW's household hazardous waste and electronics recycling drop-off**, 9 AM-3 PM, Trash Transfer Station, 3200 Benning Road, NE, free.
- Saturday, November 12: **National Symphony Orchestra Kinderkonzerts "Brought to You by the Letter B"**, 11 AM & 1 PM, Kennedy Center Theater Lab, ages 4 and older, prices vary, 416-8500, www.kennedy-center.org.
- Tuesday, November 15: **"Tuesday Stories"**, 4 PM, see above.
- Tuesday, November 15: **The Palisades Stamp Club**, 7:30 PM, Palisades Library.
- Tuesday, November 15: **The Palisades Book Club**, 7 PM, Palisades Library.
- Thursday, November 17: **"Save Your Back"**, 6-7 PM, guarding against back injury and back pain as you age, Sibley's Renaissance Building, Room 1, \$15, 364-7665.
- Thursday, November 17: **The Palisades Garden Association**, 7:30 PM, Barbara Knapp will present "The American Chestnut Tree story", 966-5430 for location and directions, open to all, new members / guests welcome.

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from the.....
PRESIDENT'S DESK



Alice Stewart has made a spectacular contribution to the neighborhood in the form of her new book, *The Palisades of Washington, DC*. The book, published by Arcadia Publishing, covers the neighborhood from the first Native American settlements to the 2005 Fourth of July parade. The book itself is a fascinating and picture-filled read that will be available at bookstores, at PCA events, and directly from Stewart. It is filled with interesting stories and facts such as:

- Maryland's colonial governor Lord Baltimore awarded two land grants for what is today the Palisades. The St. Philip and Jacob parcel, which is located in today's northern Palisades totaling about 400 acres, went to Phillip Lines in 1674. The 759 acres of the Whitehaven Grant (which covers much of the rest of the Palisades) went to Col. John Addison and William Hutchison in 1689.

- Bicycle trails covered the Palisades in 1903. At the turn of the century, a Girls Reform School run by the government was at the site of today's Sibley Hospital with around 100 inmates.

- In 1942, every block of the Palisades had a dedicated shelter area as part of World War II civil defense preparations.

But the biggest story of the Palisades that Stewart tells is the story of the people who have made this neighborhood a great place to live over the centuries. She notes that despite the constant flow of people through our neighborhood and development, the Palisades "remains essentially a cohesive and well-defined, albeit a diverse, community. One hundred years ago. The pace and pressure of development probably met the

same resistance it does today. Yet the Palisades seems able to maintain a stable population, and its residents enjoy a friendly, small town atmosphere."

Most of the approximately 200 pictures are previously unpublished, and come from the residents of the Palisades. Their generosity in sharing their old photographs for publication are what makes this book a treasure of local history. What is shown is our story from our own personal archives.

The book is dedicated to Harold Gray, who wrote the history of the neighborhood in 1956 on the 40th anniversary of the Palisades Citizens Association. Stewart notes that she could not have completed the book without the support of the PCA and the financial support of the Palisades Community Fund, which covered out of pocket expenses. Special thanks go to: Polly Johnson, Lynn Scholz, Nancy Hammond, Anne Ourand, Peggy McGuinn, Stu Ross, Mark Hall, Alan Aiches, Alma Gates, Harold Gray, Dan Dalrymple, and others that all pitched in to make the project a reality.

Stewart and her book will be the centerpiece of our December general meeting, where she will talk about Palisades History, her book, and sign copies available for sale. It is a great contribution and I urge everyone with an interest in the neighborhood to purchase a copy. (See page 7 for an order form.) Congratulations, Alice!

I sent out an urgent appeal late September to PCA members, asking for support for the work of Concerned Neighbors, the umbrella group that is working to combat the permanent trucking of Dalecarlia waste through our neighborhood. I am pleased to report that as of October 12, more than eighty families have responded, raising nearly \$9000 for the effort. This is one of those "Palisades-pulling-together" stories that Stewart documents so well in her history. This issue is for the long term, so I urge every neighbor to consider how he or she can make a contribution. Most of all, thanks to everyone who has donated time and/or money to this important issue!

—Spence Spencer, PCA President

Finney Dedication, continued from page 1

remembered but did not speak; many others offered tributes filled with wonderful personal insights by those who truly loved and admired Finney, including members of his family. As people spoke they came up and put their hands on the back of the bench as if to connect with John. Theresa Finney also spoke a few

words.

Ann Haas organized the ceremony and, along with Beverley Monroe, brought refreshments. The back of the bench is inscribed: "John Finney, beloved by the community he served." This crowd proved that he was beloved, indeed.

—Alma Gates, Chair, ANC3D

KUDOS....

■ to **Leslie Archer and Eliza Dunn** for their energy and enthusiasm in once-again planning the PCA Family Night at the Firestation

■ to the **Kaminskas, Northrup, Bauman, Hayes, Shaw, Allen, Stirling, Boruch, Felten and Menditto families and Key Elementary School** for donating household items and furniture to the two families displaced by Hurricane Katrina that are being "adopted" by the PCA

■ to **Lauri Menditto** for initiating and managing the PCA's Hurricane Katrina relief effort

■ to **PCA Aircraft Noise Chair Mat Thorp** for his persistence and diligence in all matters aircraft noise related

July 4 2005 Tent Sponsors

Ann Hand, 333-2979
 Bedrock Management, Buffalo Billiards, 337-5550
 Blacksalt, 342-9101
 Café Ettore, 244-0054
 Chryssa Wolfe & Hanlon Design Build, 244-2942
 CVS, 965-6546
 Grand Lodge F.A.A.M. of DC, 686-1811
 Institute for Spiritual Development, 362-2456
 MacArthur Liquors, 338-1433
 Makin & Assoc. of Remax One, 678-2697
 Safeway, 337-5649
 Sibley Hospital, 537-4000
 Whole Foods, www.wholefoods.com

Parade Patrons

Capital Antiques, 966-4887
 DC Living Real Estate, 337-0501
 Dennis O'Leary DDS, 966-8108
 Dorothy Holland Lessard, 362-8454
 HD Johnson, 244-6555
 Howard Eales Inc., 363-4088
 Listrani's, 363-0620
 Mauck, Zantzing & Associates, 363-8501
 Our Lady of Victory, 337-4835
 Parker's Exxon, 337-3144
 St Patrick's Episcopal Church, 342-2800
 St Patrick's Episcopal Day School, 342-2804
 The UPS Store, 966-4434
 Barbara Zuckerman

Concerned Neighbors, continued from page 1

to site an industrial facility.

Representatives of Concerned Neighbors had a very successful discussion with the EPA Region III where we requested that the EPA give the Corps more time to explore piping alternatives. The EPA was sympathetic with our concerns and sought ways for Concerned Neighbors and the Corps to find a mutually agreeable solution. The EPA suggested mediation and an interim solution that would be protective of the Potomac River and the community. Concerned Neighbors embraced this suggestion and sent a letter to the Corps asking for mediation and also stated that we would consider an interim solution as long as the Corps continued to proceed with an agreed upon long term solution. The Corps has been in contact with the EPA at the request of DC Councilmember Carol Schwartz. We await the results of these discussions.

In trying to find an alternate site, Maryland members of the Concerned Neighbors coalition secured commitments from the Montgomery County Planning Board and Montgomery County Council members offering to help the Corps identify an alternate location in Montgomery County for a dewatering facility. The Corps has not followed up on this to date.

While Concerned Neighbors has been working on alternate solutions, concerns about the Corps' flawed plan have grown. The DC City government has joined with Concerned Neighbors in calling on the Corps to reconsider its' plan. The DC Department of Transportation and the DC Department of Health have specifically expressed concerns about the impacts the dewatering facility and trucking will have on neighborhood traffic and air quality. The DOT and DOH requested that the Corps seek other solutions.

DC Councilmember Carol Schwartz also expressed concerns with the Corps' plan and asked the Corps to pursue alternate solutions. Specifically, she asked the Corps to consider the Montgomery County offer to find alternate sites.

Concerned Neighbors continues to try to help the Corps find a reasonable alternative. We have asked the Corps for a meeting but have been told "we'll get back to you." We are also waiting for the Corps to follow-up with Montgomery County.

With neighborhood organizations, the DC government, and Montgomery County overwhelmingly opposed to the dewatering facility and trucking through residential neighborhoods, the Corps' actions during the next few weeks will tell us a lot about whether they want to be a good neighbor or whether they will continue to disregard neighbors' concerns.

—*Debra Graham, Co-President, Westmoreland Citizens Association, and Member, Concerned Neighbors*

committee report: TRAFFIC

I attended the September 21 hearing on the issue of trucking residuals from the Washington Aqueduct through our neighborhood. Councilmember Carol Schwartz was very impressive; very thorough in her questioning of all sides. By contrast, Ward 3 Councilmember Kathy Patterson was in and out of the hearing and was often on her cell phone during testimony. It seems that Tom Jacobus, from the Washington Aqueduct, is not willing to compromise the recommendation to locate the dewatering facility behind Sibley (see page 1). When Schwartz questioned him, he admitted that he had not contacted DDOT about trucks, and had not responded to an offer from the MD congressional delegation to help find another site in MD for a treatment facility. When neighbors stated that EPA had suggested that there might be some flexibility in the deadline if all parties went to mediation, Schwartz asked Jacobus if he would be willing to meet and consider alternatives if he weren't under the gun for a deadline. He responded by giving several reasons why other sites wouldn't be as good. She told him that he ought to consider mediation if there was in fact possibility of extending the deadline. ANC3D commissioner Rachel Thompson is working on setting up such a meeting

Street Paving

Sherier Place and Potomac Avenue have storm water issues that are being designed in coordination with WASA, but the Department of Transportation does plan to pave sections of the streets, which are not impacted by storm water, this fall.

The following blocks along Sherier Place and Potomac Street will be paved:

Sherrier Place from:

1. Norton to Manning
2. The southbound lanes between Manning and Cathedral (asphalt)

Potomac Avenue from:

1. Norton to Cathedral (The cross-slope of the roadway should be toward the eastside of Potomac to direct run-off into catch basins.)

2. Cathedral to Arizona (There is only one catch basin; scuppers or swales are needed to keep the run-off from exceeding the capacity of the one catch basin and continuing on to Arizona Avenue and Canal Road.)

Start dates are not available at this time, since FY 2006 just began on October 1, 2005.

—Laura Phinizy, Chair, Traffic Committee

The General Membership approved the following budget at its October 4 meeting.

PCA BUDGET 2005-2006

	2004–2005 <u>Actual</u>	2005–2006 <u>Budget</u>
Revenue:		
Resident Dues	23,215	30,000
Business Dues	12,750	13,000
Contributions	14,319	9,400
T-shirts Sales	10,119	10,000
Investment Int. & Div.	432	400
TOTAL REVENUE	60,835	62,800
Expenses:		
July 4 Parade/Picnic	8,330	9,000
Family Night at the Fire Station	1,647	2,000
Meetings	277	300
Insurance	1,653	2,500
General Admin.	1,675	1,700
Publications:		
Newsletter	9,726	11,000
Membership	770	1,000
Miscellaneous	540	500
T-Shirts-cost of goods	3,729	3,800
Professional Fees	18,289	19,000
Civic Activity	15,790*	3,500
Palisades Defense Fund	0*	6,500
Aircraft Noise Committee	0	2,000
TOTAL EXPENSES	62,426	62,800

* Contributions to the Palisades Defense Fund were reported in Civic Activity for the 2004-2005 year.

neighborhood NOTICES

Tia Gilbert is our new area **inter-agency coordinator**, which means she is the one to call when a problem takes two agencies to solve, like DDOT and WASA. She can be reached at 727-2291.

PCA Membership Update: We welcomed 2 new memberships and registered 249 renewals in September. If your membership has expired, you will have a remittance envelope in your newsletter. Please send in your dues promptly. If you don't receive an envelope and you notice from your label that your membership has expired, please send your dues (\$15 individual, \$25 household, \$50 sponsor, \$100 patron, \$300 life), made out to PCA, to PCA, PO Box 40603, WDC 20016. Thank you for your continued support.

Dalecarlia Parkway will be replanted with 200 trees, according to DDOT / Urban Forestry Administration arborist Earl Eutsler. First, existing unsound Locust trees will be removed, along with stumps. Then, the entire stretch of road will be replanted, with a due date of about April 1, 2006. The current plan is to alternate two Natchez Crape Myrtles with one Redbud Forest Pansy. "This should provide lovely, year round visual appeal," says Eutsler.

The History of the Palisades DC, published by Arcadia, will be featured at the December 6 general membership meeting. Start thinking NOW about how many copies you would like to have as gifts for the holidays (see page 7). PCA Historian Alice Stewart will be on hand to sign copies.

DPW begins its Leaf Collection on Monday, October 31, 2005 and runs through January 7, 2006. A brochure containing the detailed leaf collection schedule will be mailed to households across the District to give residents ample time to plan for leaf season. Property owners and residents should clear leaves from their own property and bring them out to the curb. Residents may set out bagged leaves with their regular trash at curbside and alley collection sites although bagged leaves may

take longer to collect. For more information about leaf collection and disposal, visit the DPW website at www.dpw.dc.gov and click on "Seasonal Leaf Collection".

In August Mayor Williams commemorated **the millionth service request to the Mayor's Citywide Call Center** by helping to clean graffiti from the back doors of a building on Connecticut Avenue, NW. The top ten service requests are: bulk trash collection, parking enforcement, abandoned autos, parking meter repair, potholes, trash collection, recycling collection, streetlight repair, alley cleaning and sanitation enforcement. To request service, call 727-1000 between 7 AM and 7 PM. You will receive an expected completion date and a tracking number, which can be used to track the progress of your request.

Several new members joined the **Palisades listserv** after the article in the October issue of this newsletter. Have you considered joining? It is the most timely and cost-efficient way to learn more about what's going on in our community and to share your own knowledge of the neighborhood with others. Topics vary from crime updates to service inquiries to reports of satisfied customers. It is easy to join at <http://groups.yahoo.com>.

*Rachel Thompson, listserv co-moderator,
RachelWToo@aol.com*

Gretchen Lucia and Ruth Houghton **authored the informative article on the Lions Clubs** in the October issue of this newsletter, not Lynn Scholz as previously indicated.

DC Attorney General Robert Spagnoletti spoke at the October 4 general membership meeting about the wide-ranging and far-reaching responsibilities of his office, including child support, consumer complaints, consumer protection and antitrust, and other DC agency enforcement, such as BZA and DCRA violations. Visit www.oag.dc.gov, to learn more, including the outcome of the CVS and Economides situations.

Neighbors Build Bridges with Chairs, Tables, Other Household Items

More than one dozen Palisades families responded to the call to help furnish apartments for two displaced victims of Hurricane Katrina. The families are being housed at Crossway-Community (www.crossway-community.org) in Kensington, MD, whose CEO is a Palisades resident. One family is a young mother and her almost 3-year-old son. It is our intent to "adopt" these two families as our own, not only by providing them with the comforts of home, but also by including them in community events, such as Family Night at the Fire Station and the July 4 Celebration.

Items that have already been donated and delivered include: tables, chairs, lamps, garbage cans, beds and mattresses, dressers, mirrors, a vacuum cleaner, desk, sleeper sofa, microwave, file cabinet, tv, silverware, dishes, and a stereo.

There are two apartments, so we still need more of the above items, in addition to shelves, bed linens and a set of bunk beds. Some small items are also needed, such as drinking glasses, placemats, paper napkins, paper towels, dish sponges/soap, shower curtain, washclothes, toiletry items, cleaning supplies and laundry detergent. Can you spare any of these items for a good cause?

To find out exactly what "wishes" still need to be filled, and about delivery specifics, visit the PCA website, www.palisadesdc.org, or call Lauri Menditto at 237-0579.



committee report: AIRCRAFT NOISE

In the October newsletter, we reported on PCA's invitation to be a member of the Advisory Board to the Partnership for Air Transportation Noise and Emissions Reduction (PARTNER). As Chair of the PCA's Aircraft Noise Committee, I represented the PCA at an Advisory Board meeting on September 29-30 hosted by another PARTNER member, the O'Hare Noise Compatibility Commission. Three of the programmatic reviews presented by PARTNER investigators at that meeting sounded as though they were singing from our sheet of music.

One posed the question ". . . is 65 DNL an appropriate measure of noise?" Another quantified the vagaries inherent in random, unsolicited noise complaints. The third proposed a website containing noise impacts.

Our Aircraft Noise Committee had previously recognized these problems and prepared proposals showing how PCA can help in providing solutions. Copies of these proposals were given to the investigators. Our formal presentation of these proposals will be available at the November general membership meeting, and on the PCA website.

So if we're put on an Advisory Board, we'll give advice.

—Mat Thorp, Chair, Aircraft Noise Committee

Palisades History Updated, Ready for Sale

Don't wait to get your copy of The Palisades of Washington DC, a history of our neighborhood initially written by Harold Gray and recently updated by PCA Historian Alice Stewart. Books will be available at Family Night at the Firestation and the December 6 general membership meeting. The book is available in paperback and a portion of the proceeds benefits the PCA.

To order by mail, complete this form and mail it, along with a check payable to Alice Stewart, to: 5031 Eskridge Terrace NW, Washington, DC 20016-3444.

I would like _____ copy/copies of The Palisades of Washington DC. A check for the amount listed below is enclosed (DC sales tax and postage and handling are included in the prices). Delivery is free on orders of 5 or more copies.

1 book	\$22.80	5 books	\$107.50
2 books	\$45.00	6 books	\$129.00
3 books	\$67.00	7 books	\$150.50
4 books	\$89.00	8 books	\$172.00

Name: _____

Address: _____

Phone and/or email for questions: _____ email: _____

Bulletin Board, continued from page 1

Saturday, November 19: **Friends of the Palisades "Sorting Saturdays"**, 10 AM-Noon, Palisades Library, see above.

Saturday, November 19: **Citizen Summit IV**, 9 AM-4 PM, Washington Convention Center, Hall D, 801 Mt. Vernon Place, NW, Mayor Williams will convene citizens, elected officials and community leaders to begin making the tough choices involved in determining the citywide policies and priorities of the District government in the areas of youth development, employment and economic opportunity and affordable housing. To attend, volunteer or for more information, 727-2823, www.citizensummit.dc.gov.

Saturday, November 19-Sunday, December 18: **Adventure Theatre presents "The Emperor's Nightingale"**, Sat & Sun, 1:30 AM & 3:30 PM, Glen Echo Park, see above, \$7, 301-320-5331, www.adventuretheatre.org.

Sunday, November 20: **"Shop 'Til You Drop...& Save the Potomac"**, 11 AM-6 PM, The Potomac Conservancy is participating in Simon Day of Giving,

which offers an action-packed day of holiday shopping at The Fashion Center at Pentagon City, including exclusive discounts from retailers such as Gap, Eddie Bauer, Nine West, and Banana Republic, food sampling and style makeovers, purchase \$10 tickets online (\$7 will directly support the Potomac Conservancy), www.potomac.org.

Sunday, November 20: **National Symphony Orchestra Family Concerts presents "Rip Van Winkle and Other Musical Tales"**, 1 & 3 PM, Kennedy Center Concert Hall, ages 7 and older, prices vary, 416-8500, www.nationalsymphony.org.

Friday, November 25-Saturday, December 31: **The Puppet Company Playhouse presents "The Nutcracker"**, 11:30 AM & 1 PM, Glen Echo Park, see above.

Tuesday, November 29: **"Tuesday Stories"**, 4 PM, see above.

Wednesday, December 7: **"Stress & Your Heart"**, 1-2 PM, cardiologist Nancy Davenport will discuss overall heart health, with an emphasis on stress and the heart, Sibley's Renaissance Building, Room 2, free, open to all.

Thursday, December 8: **Friends of the Palisades Library meeting**, 7:15 PM, Palisades Library, second floor.

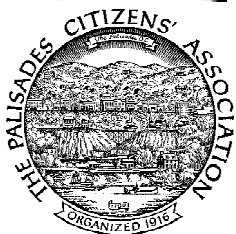
The Palisades Citizens Association Membership: Individual: \$15; Household: \$25; Sponsor: \$50; Patron: \$100.
To join, or for additional information, contact Administrator as listed below.

The Newsletter of The Palisades Citizens Association is published October-June by The Palisades Citizens Association, P.O. Box 40603, Palisades Station, Washington, DC 20016.

Material must be submitted to the editor by the 15th of the month for inclusion in the next month's edition.

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**THE NEWS
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