



# THE PALISADES News

A Newsletter of the Palisades Citizens Association, Representing the Greater Palisades Area, Volume 27, Number 5. March 2016

## March PCA General Membership Meeting

Tuesday  
March 1, 7:30pm

At the Palisades  
Recreation Center

### Guest:

**Eleanor Holmes Norton**

### In this issue:

Out and about.....2, and 6  
From the President.....3  
News and Notes.....4

## Congresswoman Eleanor Holmes Norton (D-DC)

will meet with the Palisades community to discuss issues of interest, including aircraft noise. Bring your questions and concerns.



The Palisades  
Citizens

Association 1


Look for an envelope inserted in this month's Newsletter. If you find one it means that your PCA membership is due for renewal. Please renew today to continue your support for the PCA!



## Your PCA Calendar for March 2016

*The Palisades News welcomes announcements of all local events that may be enjoyed by all Palisades residents!*

Every Sunday, 9am – 1pm	Palisades Farmers Market	Next to Safeway
Tuesday, March 1, 7:30-9pm	General Membership Meeting	Rec Center
Wednesday, March 2, 7-10pm	ANC3D Monthly Meeting	Sibley Hospital
Tuesday, March 15, 6pm	Lab School Quarterly Community Meeting	Lab School Foxhall Campus
Saturday, March 19, 10-12	Easter Egg Hunt and Pot Luck Breakfast	Rec Center
Sunday, March 27	Easter	



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## From the President

Dear neighbors –

Please join us at our monthly membership meeting on Tuesday, March 1 at 7:30 PM.

We will be joined by our special guest, Congresswoman Eleanor Holmes Norton. She will talk about the latest developments in the relationship between DC and the federal government, and take questions from the community. Here in DC we have a unique situation with the federal government, and Delegate Norton is our only elected representative. So whether your concern has to do with the National Park Service, the Federal Aviation Administration, the Department of Homeland Security or any other federal agency, this meeting is sure to be informative. We will of course also have our regular committee reports and community announcements.

Special thanks to everyone who came to our February meeting, and especially to Michael Alvino from the District Department of Transportation, who presented an update on initiatives from the department and took questions. He announced that the long-awaited Canal Road study is due to be released within the next month.

Once the study is released we plan to have another meeting dedicated just to Canal Road. Stay tuned for details.



This year marks the 100th anniversary of the founding of the PCA. The PCA Centennial Committee is planning a number of activities over the coming months. If you are interested in getting involved in the commemoration contact Spence Spencer.

Please take a minute to check the mailing label on this newsletter, where you will find your membership expiration date. If your membership is expiring please don't forget to renew (see back page for membership renewal details).

And please join us on Saturday, March 19 at 10AM for the annual Easter egg hunt and potluck breakfast at the Palisades Recreation Center (see the announcement further along in this newsletter for details).

Thanks,  
Nick Keenan  
PCA President

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## Palisades Solar Group is Alive and Well

While the Palisades Citizens Association solar group (see link on PCA website - <http://www.palisadesdc.org/links.php>) met monthly in 2011 and 2012, there was a lot of enthusiasm and energy (sorry for the pun) about bringing this money-saving technology to rooftops in our lovely neighborhood. We were thrilled about the generous 30% federal tax credit (not deduction, but credit!) for the total cost of the installation (still in place today). We were astonished at the generous DC rebate for installation (which has waned since that time). We learned about the 'solar renewable energy credits' that we could sell for each megawatt of produced energy (my home makes about ten per year), which have increased significantly in value since those days. And we were amused by having our electric meters run backwards when the sun was shining – mine even registered negative electricity use for an entire month in those days!

The 30% tax credit was recently extended by Congress to 2019, then will taper down. <http://energy.gov/savings/residential-renewable-energy-tax-credit> So this is still a good time to be looking into reducing your monthly electricity bill. Our panels pay back more than our monthly electricity bill, and we have all our investment back in four years. In fact, the returns from our panels pay us as much as all our utility bills combined each month. And the panels are guaranteed for 25 years (some in California are over 40 years old and going strong).

If this sounds good to you, please consult the non-profit consortium of DC neighborhood solar groups, DC SUN. Their website has lots of practical advice and links. Then get several free estimates from DC-based solar installers, and pick the one that is right for you. You don't have to wait until summertime to start saving on your electricity bill!

Steve Waller [docofbv@yahoo.com](mailto:docofbv@yahoo.com)



## News and Notes

### Preventing Crimes of Opportunity (Part 1)

The Police Department is working hard to prevent crime. There are things you can do to prevent crime too:

--keep all doors and windows locked. If you have an alarm, activate it. If you don't have an alarm, get one, if you can.

--install a peep-hole in your front door, and do not open the door to strangers. Add dead-bolts to all doors.

--if you did not call for a service provider, do not open the door to someone claiming to be a service provider.

--never leave keys in doors near glass. Hang spare keys out of reach from doors and windows.

--never leave laptops, purses, keys, cameras or other valuable items next to a door or visible from a window especially on lower level.

--display your address prominently on the front and rear of your house near the door. This could save your life during a medical emergency.

--do not leave exterior lights on during the day, but do leave them on all lights. Put lights on a timer. Put inside lights on timers when away.

--never leave strollers, bikes, sporting equipment or any other valuable items sitting unattended around your home.

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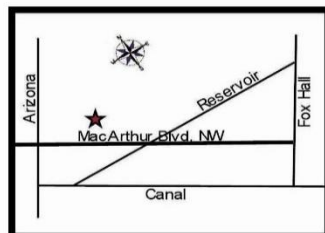
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## OFFERS ENDS SOON



The Palisades Citizens Association and the Palisades  
Recreation Center Staff invite you to an

**Easter Egg Hunt and  
Pot-Luck Breakfast**

**Saturday, March 19th**

Palisades Rec Center

- 10:00**      **Bag decorating**
- 10:30**      **Easter Egg Hunt!**
- 11:00**      **Games (ages 4+)**

Please bring a breakfast item to share (fruit,  
muffins, etc.); coffee and drinks provided.

Free for PCA members; \$10 donation/family otherwise

Call 202-363-7441 the morning of the event if the weather is  
questionable.

*Please note: the playground will be closed before the egg hunt.*

**See you there!**



## Out and About



### Art Programs:

Monday, March 7th. 7:00 PM - Play Reading: Where the River  
by Tom Stephens. Directed by Andy Wassenich.  
\$5 suggested donation.

It is spring of 1994 on the campus of small, liberal Rivermont College, a private women's institution controversially scheduled to go coeducational in the fall. The occasion is the twenty-fifth reunion of Rivermont's graduating Class of 1969. In the play Where the River, we become acquainted with five of the gathered alumnae who have over the years— in varying degrees — maintained their friendships and acquaintances. With both humor and sober honesty, Where the River explores the constancies and the dynamics of the women's relationships as it also lays bare the resonances of incidents and choices made long ago and subsequently.

Friday, March 11, 2016, 5:00 — 7:00 pm, Meet the Artists Reception  
Featuring live music and delicious refreshments. Free.  
RSVP by calling (202) 895-9407.

Saturday, March 12, 2016, 11:00 am — 2:00 pm, Gallery Talk & Tour  
Guided tour and conversation with our featured artists, Lila Oliver Asher and Maureen Moore.  
Free. RSVP by calling (202) 895-9407.

Monday, March 28th. 7:00 PM – Play Reading: Judas and George by Maria Trunk. Directed by Scott Sedar  
\$5 suggested donation.

The killer of Trayvon and the betrayer of Jesus are doomed to repeat their crimes, end their lives, and meet in Limbo at the end of each cycle. This time around, a lost girl interrupts their desolation. Will final judgment come at last? If so, who will be the judge?

### Fitness Schedule:

Our second 8-week session of fitness classes will begin March 7. We have a range of classes, including: Strength, Balance, and Posture; Yoga; Yang Style Basic Tai Chi; Senior Fit; Qi Gong, and Dance for Parkinson's. The cost per class on a drop-in rate is \$13. A discounted rate of \$10 will be offered only to those who sign-up and pay for the entire session. To learn more information about specific class times and registration, please call Darryl Simpson at (202) 895-0238.

All of the events take place at Iona Senior Services – 4125 Albemarle Street NW, Washington, DC 20016. For general questions about Iona, aging, or caregiving, please call us at (202) 895-9448, and ask for our Helpline.

Rosie Aquila  
Communications and Marketing Coordinator  
(202) 895-9423 – direct line  
(202) 895-0244 – fax



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Material must be submitted to the editors by the middle of the month for inclusion in next month's newsletter.

Annual dues for Membership in the PCA: Individual \$25, Senior Couple (over \$65) \$20, Senior Individual \$15, Household \$40, Sponsor \$100, Patron \$250, Life \$500  
To join or for additional information, contact the PCA Administrator: 202-363-7441 or [palisadesdc@hotmail.com](mailto:palisadesdc@hotmail.com)

## Membership Update

PCA memberships expire either at the end of September or the end of March. If you are unsure whether you are a "September" person or a "March" person, please check your mailing label. If your membership has expired, please send in your dues (\$15 senior individual, \$20 senior family, \$25 individual, \$40 household, \$100 sponsor, \$250 patron, \$500 life) to PCA, PO Box 40603, WDC 20016. Please make your check payable to **PCA**. You can also renew on line using PayPal or a credit card. Go to [www.palisadesdc.org](http://www.palisadesdc.org) and follow the easy instructions. We have PAL magnets for all paid up members. Please call the office at 363-7441 if you'd like one. Thank you for your continued support.

## PCA Officers for 2015/2016

President:	Nick Keenan	<a href="mailto:nick@nickkeenan.com">nick@nickkeenan.com</a>
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